

MASSAGE THERAPIES

WE BELIEVE A LITTLE 'ME' TIME IS ABSOLUTELY ESSENTIAL, AND ENCOURAGE EVERYONE TO TAKE TIME OUT TO TREAT THEMSELVES.

AROMATHERAPY **40min - £35 | 70min - £45**

Using hand picked oils especially for you. A slow relaxing massage to help with emotional and physical stress. Full body includes face and scalp.

SWEDISH MASSAGE **40min - £30 | 55mins - £38**

A combination of massage techniques to suit your needs.

DEEP TISSUE MASSAGE **40min - £38 | 70min - £48**

A very deep pressure massage to combat the tightest and most tense muscles.

HOT STONE MASSAGE **40min - £32 | 55min - £42**

The ultimate in relaxation using hot volcanic stones, to ease tension and tightness and relax the mind.

BAMBOO MASSAGE **55min - £45**

Deep tissue massage using warm bamboo, beneficial for lymph drainage.

INDIAN HEAD MASSAGE **40min - £30**

A seated clothed massage of the head, arms, neck and shoulders, a great stress reliever.

MOTHER TO BE MASSAGE **55min - £42**

A wonderful choice to relieve normal discomforts experienced during pregnancy, such as, backaches, stiff neck, leg cramps, headaches and swelling. Suitable from 12 weeks.

LAVA SHELL MASSAGE **30min - £35 | 55min - £45**

A seamless massage of heat and touch, using eco friendly South Pacific clam shells. Combines the warmth of the shells with a deeply relaxing massage.

HOLISTIC THERAPIES

REFLEXOLOGY **£32**

A relaxing massage of specific reflexes on the feet, relaxing both body and feet.

HOPI EAR CANDLES **£37**

Using Hopi candles to benefit health and promote relaxation, includes a face massage to ease congestion.

REIKI **£32**

The channelling of universal energy to promote physical and emotional well being.

BLISS OUT **70min - £45**

Slow down with the ultimate in relaxation, a deeply relaxing back, head and facial treatment, using Tropic products.

FACIAL TREATMENTS

TROPIC PRESCRIPTIVE FACIAL **55min - £38**

A relaxing facial with Tropic products, pure, honest, and effective, cruelty free and vegan approved, suitable for all skin types, your therapist will adapt the treatment to suit your individual skin needs.

TROPIC EXPRESS FACIAL **25min - £28**

This mini facial is ideal for those on the go. Perfect skin pick me up leaving skin brighter and radiant.

HOT STONE FACIAL **70min - £45**

Melt away tension and fatigue. Warm, smooth stones gently massage the face and neck, circulation is stimulated and toxins eliminated, firms and tones.

ADVANCED FACIAL TREATMENTS

NUDERM 6 IN 1 FACIAL

An effective & advanced non-surgical facial and body system. Using 6 different treatments that can be used individually or together:

- Thermotherapy
- Diamond tip microdermabrasion
- Micro current bio lift
- Ultra sound
- Cryotherapy
- LED light therapy

FULL NON-SURGICAL FACELIFT **70min - £48**

Full non surgical face lift - includes all 6 technologies, lifts, tightens and tones, re-educating the facial muscles, smoothing fine lines and wrinkles. Leaving skin hydrated and tone and texture improved.

EXPRESS LIFT **25min - £32**

A lifting, firming and toning treatment using micro-current biolift technology targeting specific areas such as jowls, neck or eyes. Perfect for maximum results in minimum time.

Results can be seen after one treatment but for optimal results a course of 10 over 5-6 weeks is recommended. **Discounted treatments when booking a course, please enquire.**

MICRODERMABRASION

Diamond tip microdermabrasion is a minimally invasive treatment used to improve overall tone and texture of the skin. A gentle but extremely effective procedure which is suitable for all skin types including sensitive skins. Great for huge variety of skin conditions such as aging, congestion, hyperpigmentation, scarring and dull, lack lustre skin to name a few.

MICRODERMABRASION EXPRESS FACIAL **25min - £30**

A mini facial incorporating diamond tip microdermabrasion to give an instantly smoother, brighter and fresher complexion.

MICRODERMABRASION PRESCRIPTIVE FACIAL **55min - £40**

Incorporating diamond tip microdermabrasion, this facial is suitable for all skin types including sensitive skin. Combining the award winning Tropic skincare products with microdermabrasion we can combat all skin concerns.

MICRODERMABRASION AND ULTRASOUND **40min - £32**

Collagen infused ultrasound for the face, neck, eye and lip area, this facial is great for sloughing away dead skin, brightening complexion and plumping out fine lines and wrinkles.

ADVANCED FACIAL TREATMENTS

MICRODERMABRASION & LED LIGHT THERAPY **40min - £32**

Using red, blue, green or yellow light therapy to treat specific skin conditions, e.g. acne, scarring, aging, sun damage, combined with diamond tip microdermabrasion to slough away dead skin and treat new skin for best results.

For best results from any of our **microdermabrasion facials** a course of 6 is recommended, frequency will depend on skin condition being treated. **Discounted treatments when booking a course, please enquire.**

DERMAPLANING

Instantly see smoother, brighter, more even-toned skin. Dermaplaning eliminates vellus hair and dead skin cells. It helps to increase product absorption and efficiency. As a result the skin looks brighter and firmer, cells are stimulated to renew faster, stimulating collagen production and allowing make up to glide on flawlessly.

EXPRESS DERMAPLANE FACIAL **25min - £35**

The bare essentials, deep cleansing, dermaplane, moisturise and SPF to finish.

LUXURY DERMAPLANE FACIAL **55min - £40**

As above with an added protein peel for extra exfoliation and a deep cleansing mud mask to remove impurities from the skin, leaving your skin glowing.

ULTIMATE DERMAPLANE FACIAL **70min - £48**

As above with an added LED light therapy mask to target any specific skin concerns.

PRIVACY POLICY

Our data protection and privacy policy can be easily found on our website.

CANCELLATION POLICY

Please give 24hrs notice to cancel an appointment. If less than 24hrs notice is given or you do not attend your appointment 50% of your treatment cost will be charged.

TREATMENT TIMINGS

Our treatment timings include consultation and time for you to get undressed/dressed and get on and off the treatment couch if necessary for your chosen treatment.

BEAUTY TREATMENTS

SHRINKING VIOLET BODY WRAP **85min - £55**
An amazing inch loss wrap. The results of a shrinking violet body wrap are impressive. All you have to do is relax! A pain free fat-busting process targeting problematic areas.

HANDS & FEET

MINI MANICURE **£18**
File nails, cuticle tidy and polish

MANICURE **£23**
File nails, buff, cuticle tidy, hand cream and standard polish.

DEEP CONDITIONING MANICURE **£28**
File nails, buff, cuticle tidy, hand massage, hot mitts and standard polish.

MINI PEDICURE **£23**
Foot soak, nail and cuticle tidy, foot cream and standard polish.

PEDICURE **£28**
Foot soak, nail and cuticle tidy, foot scrub, dry skin removal, foot massage and standard polish .

DEEP CONDITIONING PEDICURE **£33**
Foot soak, nail and cuticle tidy, foot scrub, dry skin removal, intense hydration foot mask and heated booties, foot massage and standard polish.

FOR MORE INFORMATION OR TO BOOK:

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M - 07927 153518

E - edenbeauty2@aol.co.uk

or Book Online At www.edentreatmentrooms.co.uk

Find Us On Facebook @edentreatmentroomsmsn

Gift Vouchers Available

GEL POLISH

GEL POLISH MANICURE **£27**
As standard manicure finished with a gel polish.

GEL POLISH PEDICURE **£33**
As standard pedicure finished with a gel polish.

GEL POLISH REMOVAL **£18**
Includes removal and hydration of the finger or toe nails.

Please note, if you are booking with us for a gel manicure or pedicure and already have gel polish on your nails that was not applied by us, a removal fee of £5 will be added to your treatment. Removal is free if gel polish was originally applied by an Eden Treatment Rooms team member.

CALLUS PEEL **£23 | INC. PEDICURE - £38**
An intensive treatment to remove calluses from your feet. A four-step treatment that is gentle and effective.

HAIR REMOVAL

WAXING
Using the unique PHD application system eliminates the danger of cross contamination.

EYEBROWS	£9	UNDERARM	£9
FOREARM	£13	HALF LEG	£17
FULL LEG	£27	BIKINI	FROM £12
LIP/CHIN	FROM £8		

THREADING

EYEBROWS	£12	LIPS/CHIN	£10
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LASHES & BROWS

EYE ENHANCEMENTS*

EYELASH TINT **£10**

EYEBROW TINT **£8**

LASH AND BROW TINT **£16**

EYEBROW WAX AND EYELASH TINT **£17**

LASH LIFT AND TINT* **£35**

Great for holidays, weddings or for those who don't like wearing makeup, makes lashes look longer thicker and more defined.

HENNA BROW DESIGN* **£27**

A gentle yet effective way to tidy your brows, can stain skin for up to 2 weeks and hair for up to 8 weeks. Helps to encourage eyebrow regrowth. Brows will be mapped, tinted with Henna and shaped to create your perfect brows.

BROW LAMINATION* **£35**

Helps to fill gaps within the brow and give an illusion of fuller brows. Lamination can last up to 12 weeks. Includes a lamination, tint and styling of the brows. This treatment includes a free brow maintenance appointment at 3-4 weeks.

MICROBLADING* **£225 incl. perfecting session 4-6weeks later**

Also known as browboidery, this is a semi permanent tattooing technique, where we create bespoke brows, especially for you. Using a hand held tool, your perfect brows are created strand by strand, with life like brow strokes. Results can last 18 months to 3 years, depending on skin type. Perfect for people with sparse or thinning brows. **Top-up fees for existing microblading clients:**

UNDER 12 MONTHS	£80	OVER 12 MONTHS	£120
OVER 24 MONTHS	£225		

*patch test is required 24 hours before treatment



EDEN
treatment rooms

OUR TREATMENTS