



EDEN

treatment rooms

MASSAGE THERAPIES

Aromatherapy 45 mins | £32 | 75 mins | £42

Using hand picked oils especially for you. A slow relaxing massage to help with emotional and physical stress. Full body includes face and scalp.

Bamboo Massage 60 mins | £40

Deep tissue massage using warm bamboo, beneficial for lymph drainage.

Deep Tissue Massage 45 mins | £35 | 75 mins | £45

A very deep pressure massage to combat the tightest and most tense muscles.

Hot Stone Massage 40 mins | £30 | 60 mins | £40

The ultimate in relaxation using hot volcanic stones, to ease tension and tightness and relax the mind.

Swedish Massage 60 mins | £35 | 40 mins | £28

A combination of massage techniques to suit your needs.

Indian Head Massage 40 mins | £28

A seated clothed massage of the head, arms, neck and shoulders, a great stress reliever.

Bliss Out 75 mins | £40

Slow down with the ultimate in relaxation, a deeply relaxing back, head and facial treatment, using Tropic products.

Mother to be Massage 60 mins | £40

A wonderful choice to relieve normal discomforts experienced during pregnancy, such as, backaches, stiff neck, leg cramps, headaches and swelling. Suitable from 12 weeks.

OTHER THERAPIES

Reflexology | £30

A relaxing massage of specific reflexes on the feet, relaxing both body and feet.

Hopi Ear Candles | £35

Using Hopi candles to benefit health and promote relaxation includes a face massage to ease congestion.

Body Wraps 90 mins | £50

The results of a shrinking violet body wrap are impressive. All you have to do is relax! A pain free fat-busting process targeting problematic areas.

Reiki | £30

The channelling of universal energy to promote physical and emotional well being.

Touch for Health | £45

A gentle therapy using muscle testing to identify imbalances, and make changes to rebalance your physical and emotional energy system.

FACIAL TREATMENTS

Tropic Prescriptive Facial 60 mins | £35

A relaxing facial with Tropic products, pure, honest, and effective, cruelty free and vegan approved, suitable for all skin types, your therapist will adapt the treatment to suit your individual skin needs.

Express Facial 30 mins | £25

This mini facial is ideal for those on the go. Perfect skin pick me up leaving skin brighter and radiant.

Natural Face Lift Facial 30 mins | £25 | 4 weekly treatments | £80

Take your face to the gym! Lift muscles in the face, eye and neck area, smoothing lines and reducing the appearance of premature ageing.

Hot Stone Facial 75 mins | £40

Melt away tension and fatigue. Warm, smooth stones gently massage the face and neck, circulation is stimulated and toxins eliminated, firms and tones.

NUDERM 6 IN 1 FACIALS

An effective and advanced non-surgical facial and body system. Using 6 different treatments that can be used individually or together:

- Thermo therapy
- Diamond tip microdermabrasion
- Micro current bio lift
- Ultra sound
- Cryotherapy
- LED light therapy

Full Non Surgical Facelift 75mins | £45

Full non surgical face lift - includes all 6 technologies, lifts, tightens and tones, re-educating the facial muscles, smoothing fine lines and wrinkles. Leaving skin hydrated and tone and texture improved.

Microdermabrasion 30mins | £25 | 45mins | £30

This is a resurfacing treatment that works by gently removing the superficial layers of the skin to help with fine lines, scarring, wrinkles and sun damage.

Lunch time lift 30 mins | £30

Targeting specific areas such as eyes, jowls or neck.

LED Light Therapy 25 mins | £20 | 45 mins | £30

Using red, blue, green or yellow light therapy to treat specific skin conditions, e.g acne, scarring, sun damage.

Ultrasound 30mins | £25

Collagen infused ultrasound for face, neck and eye area, great for plumping out fine lines and wrinkles.

Results can be seen after one treatment but for optimal results a course of 10 over 6-8 weeks is recommended. Discounted treatments when booking a course, please enquire for more details.

BEAUTY TREATMENTS

Make Up Special Occasion | £35 | Bridal (inc Trial) | £70

Tanning Full body | £25

Spray tanning, using Crazy Angel fast tan.

Hands & Feet

Mini Manicure (file, cuticles and polish) | £15

Manicure | £20

Deep Conditioning Manicure | £25

Mini Pedicure | £20

Pedicure | £25

Deep Conditioning Pedicure | £30

Gel Polish

Manicure or Pedicure | £25

Gel Polish removal plus Mini Manicure (no polish) | £18

Callus Peel | £20 | **Inc Pedicure** | £35

An intensive treatment to remove calluses from your feet. A four-step treatment that is gentle and effective!

Waxing

Using the unique PHD application system eliminates the danger of cross contamination.

Eyebrows | £8

Underarm | £8

Forearm | £12

½ leg wax | £15

Full leg | £25

Bikini from | £10

Lip/chin from | £7

Threading | **Eyebrow Shape** £10 | **Lip/Chin** £8

Eye Enhancements*

Eye Lash Tint | £10

Eyebrow Tint | £7

Eye Lash and Brow Tint | £15

Eyebrow Wax and Lash Tint | £16

Lash Lift* | **Lash Lift** £28 | **Lash Lift and Tint** | £35

Great for holidays, weddings or for those who don't like wearing makeup, makes lashes look longer thicker and more defined.

Microblading* £225 | including a perfecting session 4-6 weeks later. (A non refundable £50 booking fee is required to reserve your appointment).

Further perfecting sessions | £80 under 12 months | £120 over 12 months | £225 over 24 months

Also known as browboidery, this is a semi permanent tattooing technique, where we create bespoke brows, especially for you.

Using a hand held tool, your perfect brows are created strand by strand, with life like brow strokes. Results can last 18 months to 3 years, depending on skin type. Perfect for people with sparse or thinning brows.

Henna Brow Tint* 25 mins | £20

A gentle and effective way to tint your brows, ideal for sensitive skin, stains skin for 2 weeks and hair for up to 8 weeks

Henna Perfect Brow Design* 40 mins | £25

Henna brow tint, brow mapping and shaping to create your perfect brows.

***patch test is required 24 hours before treatment**

Eden Treatment Rooms

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